

Café
 Manager-
 Executive Chef
PHONE: Fax
 Email Address-



WEEK OF 8/27/07

BREAKFAST HOURS: 6:15 AM-10:00AM
LUNCH HOURS: 11:30 AM -2:30 PM
 Cafeteria Closes @ 3:30 PM
 Cycle#2

*** Vegetarian Item

GRILLIN FRESCA

<u>Monday</u>	<i>New York Style 5th Ave.</i> Pastrami, Swiss Cheese, Sautéed Mushrooms Cherry Peppers, Honey mustard on a Rye Baguette \$6.2
<u>Tuesday</u>	<i>Bonanza-</i> Fresh Oven Roasted Roast Beef Sliced to Order with Melted American Cheese on Grilled Garlic Bread \$6.25
<u>Wednesday</u>	<i>Caribbean-Apricot Glazed Pork Loin</i> thinly shaved to order with Cilantro Mayo, Mango Salsa on Sun dried-Tomato Roll \$6.25
<u>Thursday</u>	<i>Brown Sugar Glazed Fresh Ham</i> & Cheese Thinly Sliced on Pumpernickel Roll \$6.25
<u>Friday</u>	<i>Old Fashioned Turkey Rueben</i> Sliced to Order with Sauerkraut, Russian, Swiss Cheese on a Wedge \$6.25

ACTION STATION

<u>Monday</u>	Made To Order Thai Chicken Wrap !!
<u>Tuesday</u>	Sushi, Sushi, Sushi
<u>Wednesday</u>	Sizzling Fiery Thai-Steak Salad!!!!
<u>Thursday</u>	Buffalo Chicken Assorted Wraps

GOOD MORNING

<u>Monday</u>	Breakfast Quesadilla - Sausage, Peppers, Onions, Cheddar & Eggs in a Flour Tortilla & 12oz Newport Roasters \$4.95
<u>Tuesday</u>	Egg McMuffin- Fried Egg w/ Canadian Bacon & Cheese, on a English Muffin & 12 oz. Newport Roasters \$4.95
<u>Wednesday</u>	Blueberry Pancakes Warm Maple Syrup & 12 oz Newport Roasters \$4.95
<u>Thursday</u>	Strawberry Stuffed French Toast Warm Maple Syrup & 12oz Newport Roasters \$4.95
<u>Friday</u>	Breakfast Buffet, Scrambled Eggs, Fruited Pancakes, Home fries, Bacon, Sausage, French Toast .33 an ounce

DELI PANINI

<u>Monday</u>	<i>Italian Panini</i> - Ham Cappy, Salami, Prosciutto, Rstd. Red Peppers, Mozz. w/Oil & Vinegar w/ Side Salad \$6.25
<u>Tuesday</u>	<i>Roast Beef Bluez</i> - Roast Beef, Blue Cheese Crumbles Caramelized Onions, Parmesan-Peppercorn dressing on Italian Wedge w/ Side Salad \$6.25
<u>Wednesday</u>	<i>Key west-</i> Lemon Chicken Breast, Grilled Eggplant, Rstd Peppers, Lettuce, Havarti Cheese on Herbed Focaccia with Side Salad \$6.25
<u>Thursday</u>	<i>"California"</i> - Sliced Turkey, Bacon, Tomato, Avocado, Alpha Sprouts, Honey Mustard on Pita Bread with Side salad \$6.25
<u>Friday</u>	<i>Atlantis-</i> Crab Salad, Tomatoes & Pepper Jack Cheese with Mixed Greens on a Croissant w/ Side Salad \$6.25

What's Happening

Taste our Refreshing New Lemonade & Ice Tea!
Try Our New Organic Kashi Snack Bars & Cereals
 We are now offering No trans Fat Cooking Spray and fryer Oil

<u>MONDAY</u>	***Hearty Country Veg Soup/ Turkey Noodle Soup <i>Lemon & Garlic Rotisserie Chicken</i> Slow Roasted Chicken Quarters Served with Toasted Brown Rice and Roasted Carrots & Broccoli <i>Meatlovers Lasagna-Topped w/ Homemade Marinara</i> Accompanied with a Side Salad & Herbed Bread Stick <i>Grillin'</i> <i>Classic BLT Wrap</i> with Pasta Salad and Fountain Beverage	\$2.10/2.60/\$3.10 \$6.25 \$5.95 \$5.95
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<u>TUESDAY</u>	Italian Sausage & Potato Soup /***Chucky Tomato & Fresh Herb Soup <i>"Tour Of Italy"</i> Meat Lovers Stromboli, Mini Chicken Parmesan, Breaded Eggplant Rollitini, Garlic Knots and Pepperoni Knots Antipasti Salad & House Marinara for Dipping <i>Grillin'</i> <i>Buffalo Turkey Burger-</i> Blue Cheese Crumbles, Tomato, Spicy Buffalo Sauce with Fries & Fountain Soda	\$2.10/2.60/\$3.10 \$6.50 \$5.95
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<u>WEDNESDAY</u>	Roasted Eggplant, Red Pepper & Garlic Soup/***Vegetable Provencal Soup <i>Gourmet Omelet Bar</i> All your Traditional toppings with Home fries <i>Grillin'</i> <i>"Philly Cheese Steak "</i> with Onion Rings & Fountain Soda	\$2.10/2.60/\$3.10 \$6.50 \$5.95
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<u>THURSDAY</u>	***Three Bean Vegetable/ Chicken Florentine Soup <i>"Gourmet Pasta Bar:</i> Choice of Whole Wheat Penne, Angel Hair Pasta & Spinach Fettuccine with Choice of Basil-Marinara, Pesto, Roasted Garlic Alfredo & Homemade Focaccia Bread <i>Grillin'</i> <i>"Stamford Hot Dog Bar "</i> w/ all the Fixin's & Potato Wedges & Fountain Bev.	\$2.10/2.60/\$3.10 \$6.25 \$5.95
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<u>FRIDAY</u>	New England Clam Chowder/Chef's Choice Oven Baked Crab Cakes with Remulade Sauce Accompanied with Roasted Potato & Steamed Broccoli <i>Grillin'</i> <i>Southwest Black Bean Burger Wrap</i> Salsa, Pepper jack Cheese , Avocado, in a wrap Served with Side Salad & Fountain Soda	\$2.10/2.60/\$3.10 \$6.25 \$5.95
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Thoroughly cooking meat, poultry, and fish will reduce the risk of food Bourne illness